Dog Scouts of America

Activity check-off sheet

Frisbee Freestyle:

All behaviors must have been taught or re-taught to the dog (preferably using a new cue), using only positive reward based methods.

- _____ Handler can throw the frisbee from under leg
- _____ Handler can throw the frisbee behind his/her back
- _____ Handler can throw the frisbee upside-down
- _____ Handler can throw the frisbee from side (sidearm throw)
- _____ Handler can throw the frisbee from side (overhand wrist flip)
- _____ Handler can throw a vertical pop (two handed)
- _____ Handler can pop the frisbee to the dog
- ____ Handler can throw the frisbee backwards between his/her legs
- _____ Dog will drop the frisbee to go for another when cued
- ____ Dog will catch two or more consecutive frisbees
- _____ Handler can throw to cause the dog to flip to the side
- ____ Dog will flip to the side to catch the frisbee
- _____ Handler can throw consecutive flips
- _____ Handler can throw a butterfly
- _____ Handler can choreograph a routine and set it to music

Handler and dog perform a 1 minute or longer routine incorporating as many of the above moves as possible, set to music and performed for an audience (any of the above moves not included in the routine can be shown separately.)