



**Dog Scouts of America**  
**Merit Badge Check-Off Sheet**

**Parkour 1**

Items **bolded** below are requirements that must be demonstrated to the Evaluator. Non-bolded items are training steps that may be introduced in class and are helpful for achieving the requirements. All behaviors must have been taught or re-taught to the dog (preferably using a new cue), using only positive reward-based methods.

- Handler must understand all safety protocols and ensure the safety of the dog at times**
- Dog must wear a non-restrictive harness while doing parkour and remain on a 4-6 foot leash,**
- Dog must approach an obstacle that is at least the shoulder height of the dog and place 2 front feet onto the obstacle; Dog must remain on the obstacle for at least 5 seconds**
- Dog must jump up and place all 4 feet on 3 different obstacles and remain in on the obstacle for at least 5 seconds; at least one obstacle must be equal to the dog's shoulder height at a minimum**
- Dog must walk or jump into an obstacle that has 4 sides measuring less than the length of the dog (nose to base of tail), like a box or laundry basket; dog must keep 4 paws in the obstacle for at least 5 seconds**
- Dog must go around an obstacle that is at least 3 feet away from the handler and makes a 180 degree turn back towards the handler**
- Dog will back up at least 3 steps on flat ground
- Dog will back up at least 5 feet stepping onto an obstacle that is at least hock height, without sitting down in the process**
- Dog and handler will demonstrate sequencing, where the dog performs at least 3 parkour behaviors in a row using a different obstacle for each behavior; the sequence should flow, should not require excessive extra cues and the dog may not hesitate in moving from one obstacle to another**
- Dog and handler will demonstrate creativity by demonstrating 3 different parkour behaviors using the same obstacle**
- Dog must demonstrate stimulus control by differentiating between the cue to get up on and the cue to go under using the same obstacle**
- Dog must jump over one obstacle that is at least elbow height, where the surface is different on either side of the obstacle, without touching the obstacle**
- Handler must send the dog to a raised object that is at least 5 feet away; dog must get up on the object with 4 paws and remain there for at least 5 seconds**