**Dog Scouts of America**

**Activity check-off sheet**

**Parkour 1**

All behaviors must have been taught or re-taught to the dog (preferably using a new cue), using only positive reward based methods.

Two Feet On:

**\_\_\_\_\_ Dog will approach obstacle and place 2 front feet onto the obstacle and remain on the obstacle for at least 5 seconds. The object must be above shoulder height for the dog.**

Four Feet On:

**\_\_\_\_\_ Dog will approach obstacle and place all four feet on obstacle in a safe manner and remains in place for at least 5 seconds. Dogs must demonstrate the skill on three different obstacles. At least one must include jump of at least shoulder height onto the obstacle.**

In:

**\_\_\_\_\_ Dog will safely walk or hop into an obstacle that has four sides measuring less than the dog’s length (nose to base of tail), like a box or laundry basket. All four feet must be in the obstacle for a minimum of 5 seconds.**

Around:

**\_\_\_\_\_ Dog will go around an obstacle at least 3 feet away from the handler and makes at least a 180 degree turn back towards handler.**

Back Up:

\_\_\_\_\_ Dog will back up 3 steps on flat ground.

**\_\_\_\_\_ Dog will back onto an obstacle that is at least hock height. Dog should not sit down in the process.**

Sequencing:

**\_\_\_\_\_ Dog will perform any parkour behaviors in succession, at least three in a row. Any safe combination can be used. A separate obstacle must be used for each behavior.  The sequence should have flow to it and no hesitations or excessive extra cues.**

Creativity:

**\_\_\_\_\_ Handler must find obstacle and have the dog demonstrate 3 different parkour behaviors that can be safely done with this obstacle. The behaviors do not need to be specifically the ones outlined above.  These specifically need to be parkour behaviors and not just tricks.**

Stimulus Control:

**\_\_\_\_\_ Dog must be able to differentiate between the cue to get up onto an obstacle and the cue to go under an obstacle with ease on the same obstacle.**

Over:

**\_\_\_\_\_ Dog must jump over one obstacle at least elbow height tall, where the surface is different on either side of the obstacle (for example, jumping from concrete to grass).  Feet should not touch the object and object should be of natural construction.**

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**\_\_\_\_\_ Handler must stand at least 5 feet from a raised obstacle and be able to indicate to the dog to go to the obstacle on their own. Dogs must get all feet on the obstacles and stay there for 5 seconds.**