

What can be used as a reward for your dog doing as you ask?

Here's a list of 107+ items to get you started...Only your dog can decide which of these items he/she really sees as a reward!

Some of these same items could be a "punishment" for some dogs, so it is important to use what YOUR dog likes.

(This list is modified from a list created by Officer Steve White – [www.i2iK9.com](http://www.i2iK9.com) – who uses positive reward training for police K-9's)

**Foods:**

- Hot dogs,
- Cheerios,
- Capt' Crunch and other cereals,
- Freeze-dried liver,
- Crumbled ground beef,
- Pounce cat treats,
- Bil-Jack dog food or treats,
- Rollover,
- Kibbled dog food,
- String cheese,
- Cheese slices (broken into small bits),
- Leftover steak pieces,
- Hard-boiled eggs (may cause gas),
- Sardines (will cause fish breath),
- Trout pellets,
- Rabbit pellets (the food, not the end result),
- Cheetos,
- Cheese Whiz,
- Popcorn (this is a grain in case your dog has grain allergies),
- French fries,
- Ice cubes,
- Carrots, beans and other veggies,
- Pineapple, raspberries and other fruit,
- Bread crust,
- Croutons,
- Rice cakes,
- Pureed liver (use a spoon or finger tip),
- Canned cat food (use a spoon or finger tip),
- Cooked pasta (many forms),
- Rice balls,
- Peanut Butter,
- Baby food,
- Lunchmeat,
- Any meat (cooked is easier to work with),
- Most leftovers,
- Unsalted crackers,
- Dog treats found in pet stores (what a novel idea)

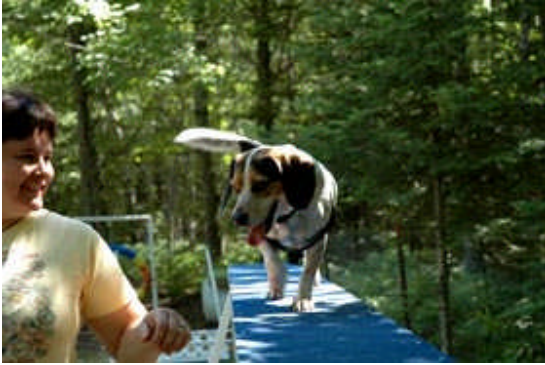
More items below the photo



**Objects/toys:**

Tennis balls,  
Kongs,  
Rope tugs,  
Frisbees,  
Sticks,  
Firewood,  
Boat bumpers,  
Buoys,  
Bicycle tires,  
Car tires,  
Burlap sacks,  
Puppy tugs,  
Protective sleeves,  
Sweatshirt or Jacket sleeves (not my 1<sup>st</sup> choice),  
Ring suits,  
Leashes,  
Tracking harnesses (an expensive toy!),  
Fire hose tugs,  
Street hockey balls,  
Hockey pucks,  
Soccer balls,  
Basketballs,  
Boomer balls,  
Ultra balls,  
Piece of garden hose,  
Five-gallon buckets,  
Carpet rolls/squares,  
Plastic bag on a rope, fishing rod or lunge whip operated by you  
I'm sure there are many more and your dog might find his own favorite objects. [Read about using playtime as a treat.](#)

More items below the photo



### **Activities:**

Fetch,  
Get in the crate (especially if it's in the car and takes the dog fun places!),  
Get out of the kennel,  
Go into the house,  
Go out of the house,  
Get in the car,  
Go out of the car,  
Eat dinner,  
Fight the water hose,  
Belly rub,  
Back scratch,  
Wrestle,  
Play with other dogs,  
Chase the cats,  
Play with the kids,  
Down,  
Heeling,  
Jumping,  
Chase the laser spot,  
Tracking,  
Find-it games,  
Building searching,  
Target stick,  
Swimming,  
Dope searching,  
Chasing Squirrels  
Agility  
Lure Coursing  
Going for a walk,  
Barking,  
Digging,  
Marking territory,  
Dock Diving,  
Getting dollar bills and dropping them in a bucket,  
Holding a basket for people to put donations in,  
Greeting people,  
Therapy Visits,  
Carting,  
weight pull,  
sledding,  
Skijoring,  
Flyball,  
Herding,  
Biking,  
Cuddling,

and Praise