Location 1 2	3	Behavior: STAY (2 pgs.)
		Choose a sit or a down. Repeat these steps a second time when you have completed the first position chosen. (I'll use sit for this explanation) The dog should have a solid understanding of what the cue sit and/or down means first.
		Cue sit and require the dog's butt be on the floor for 1 second before click
		Cue sit and require the dog's but be on the floor for 2 seconds before click
		Cue sit and require the dog's but be on the floor for 4 seconds before click
		Cue sit and require the dog's butt be on the floor for 6 seconds before click
		Cue sit and require the dog's butt be on the floor for 10 seconds before click
		Cue sit, add "stay" cue and require the dog's butt be on the floor for 15 seconds before click
		Cue sit, add "stay" cue and require the dog's butt be on the floor for 20 seconds before click
		Cue sit, add "stay" cue and require the dog's butt be on the floor for 30 seconds before click
		Cue sit, require stay while you step away from dog 1 step for 1 second
		Cue sit, require stay while you step away from dog 1 step for 2 seconds (click when you return to the dog for all the next steps.)
		Cue sit, require stay while you step away from dog 1 step for 4 seconds
		Cue sit, require stay while you step away from dog 1 step for 6 seconds
		Cue sit, require stay while you step away from dog 1 step for 10 seconds
		Cue sit, add "stay cue," require stay while you step away from dog 1 step for 15 seconds
		Cue sit, add "stay cue," require stay while you step away from dog 1 step for 20 seconds
		Cue sit, add "stay cue," require stay while you step away from dog 1 step for 30 seconds
		Cue sit, require stay while you step away from dog 2 steps for 2 seconds
		Cue sit, require stay while you step away from dog 2 steps for 4 seconds
		Cue sit, require stay while you step away from dog 2 steps for 6 seconds
		Cue sit, require stay while you step away from dog 2 steps for 10 seconds
		Cue sit, add Stay cue, require stay while you step away from dog 2 steps for 15 seconds
		Cue sit, add Stay cue, require stay while you step away from dog 2 steps for 20 seconds
		Cue sit, add Stay cue, require stay while you step away from dog 2 steps for 30 seconds
		Cue sit, require stay while you step away from dog 4 steps for 2 seconds
		Cue sit, require stay while you step away from dog 4 steps for 6 seconds
		Cue sit, require stay while you step away from dog 4 steps for 10 seconds
		Cue sit, add Stay cue, require stay while you step away from dog 4 steps for 15 seconds
		Cue sit, add Stay cue, require stay while you step away from dog 4 steps for 20 seconds
		Cue sit, add Stay cue, require stay while you step away from dog 4 steps for 30 seconds
		Work through the above "steps away" again, this time turning your back to do the steps, starting with briefly turning your back right in front of the dog and working through the
		steps up to 4 steps, then face the dog and wait 30 sec before returning to him to click.
		Continue adding steps away and building duration till you can cross the room
		Cue sit, stay, take one side step for 1 sec, return to front and click
		Cue sit, stay, take one side step for 2 sec, return to front and click
		Cue sit, stay, take one side step for 4 sec, return to front and click
	_	Cue sit, stay, take one side step for 6 sec, return to front and click
		Cue sit, stay, take one side step for 10 sec, return to front and click
		Cue sit, stay, take one side step to the other side for 2 sec, return to front and click
		Cue sit, stay, take one side step to the other side for 4 sec, return to front and click
		Cue sit, stay, take one side step to the other side for 6 sec, return to front and click
		Cue sit, stay, take one side step to the other side for 10 sec, return to front and click

Cue sit store take 2 side store for 2 and return to front and sliple
Cue sit, stay, take 2 side steps for 2 sec, return to front and click
 Cue sit, stay, take 2 side steps for 4 sec, return to front and click
Cue sit, stay, take 2 side steps for 6 sec, return to front and click
Cue sit, stay, take 2 side steps for 10 sec, return to front and click
Repeat steps to the other side
Repeat with 3 steps on each side
Repeat with 4 steps on each side
Cue sit, stay, take 1 step toward the side of the dog for 1 sec, return to front and click
Cue sit, stay, take 1 step toward the side of the dog for 2 sec, return to front and click
Cue sit, stay, take 1 step toward the side of the dog for 4 sec, return to front and click
Cue sit, stay, take 1 step toward the side of the dog for 6 sec, return to front and click
Cue sit, stay, take 1 step toward the side of the dog for 10 sec, return to front and click
Repeat on other side of the dog
Cue sit, stay, take 2 steps toward the back of the dog and turn to face the dog for 1 sec,
return to front and click
Cue sit, stay, take 2 steps toward the back of the dog and turn to face the dog for 2 sec,
return to front and click
Cue sit, stay, take 2 steps toward the back of the dog and turn to face the dog for 6 sec,
return to front and click
Cue sit, stay, take 2 steps toward the back of the dog and turn to face the dog for 10 sec,
return to front and click
Cue sit, stay, go to the back side of the dog (near his tail) for 1 sec, return to front and click
Cue sit, stay, go to the back side of the dog (near his tail) for 2 sec, return to front and click
Cue sit, stay, go to the back side of the dog (near his tail) for 4 sec, return to front and click
Cue sit, stay, go to the back side of the dog (near his tail) for 10 sec, return to front and click
Cue sit, stay, go around the back side of the dog return to front on opposite side and click
Cue sit, stay, go around the back side of the dog into heel position on opposite side and click
Cue sit, stay, go around the back side of the dog into heel position on opposite side, hold for 2 seconds and click
Cue sit, stay, go around the back side of the dog into heel position on opposite side, hold for 4 seconds and click
Cue sit, stay, go around the back side of the dog into heel position on opposite side, hold for 10 seconds and click
Cue sit-stay, jump up and down in front of the dog for 2 seconds
Cue sit-stay, jump up and down in front of the dog for 4 seconds
Cue sit-stay, jump up and down in front of the dog for 10 seconds
Cue sit-stay and toss a toy away from the dog introduce release word and then click
Build duration of stay after the toss by delaying use of release word/click
Cue sit-stay and toss a treat away from the dog, release word, click
Build duration of stay after the toss by delaying use of release word/click
Cue sit-stay and have other dogs playing near-by, release word, click
Build duration of stay before dog is released to play
Use stay in very short duration every chance you get and build duration slowly in the current situation in which you have asked your day to stay.
situation in which you have asked your dog to stay.

Note: Get 9 correct responses out of 10 in a row before progressing. Dark line means to repeat that section in new location